



# Lunch Menu

## Our Food

We are passionate about our food and where it comes from we have taken extensive time to ensure we are offering the best ingredients sourced as local as possible. Our meats where ever possible are all sourced from Welsh grass fed high welfare livestock\*

## Starters

**Soup of the Day £5.50 (GF on request)**

*Served with craft bread and welsh butter*

**Chicken Liver Welsh Cider and Apple Pate £6 (GF on request)**

*toasted bread craft bread beer chutney and mixed leaves*

**Classic Prawn Cocktail £7**

*Shredded lettuce, topped with cold water prawns & Marie rose sauce. All served in a glass like the good old days!*

**Whitebait £6.50**

*Shredded Deep fried breaded whitebait served with tartare sauce and a wedge of lemon*

**Chicken Liver Welsh Cider and Apple Pate £6 (GF on request)**

*toasted bread, craft bread beer chutney and mixed leaves*

**Loaded Nachos**

**Small £6 Large £9**

*Topped with tomato salsa Mozzarella cheese & jalapeños served with guacamole & sour cream*

## Pub Favourites

**Ham Egg and Chips £8.99**

*Our home baked ham, fried egg and chips*

**Bangers and mash £**

*Award winning Welsh pork sausages served with mashed potatoes and onion gravy*

**Pie of the day £13**

*Chefs puff pastry topped pie served with a choice of potatoes and salad or vegetables*

**Rump Steak £16 (GF on request)**

*Served with tomatoes, mushrooms chips and salad*

**Beef Lasagne £13**

*Made with Welsh beef from sustainably sourced 100% grass fed born & reared herds*

**Curry of the day £13.50**

*served with rice, mango chutney and a poppadom*

**Breaded Plaice £10**

*Served with chips and salad*

**Deep fried breaded scampi £14**

*Served with chips and peas*

**Bangers and Mash £12**

*Welsh sausages with mash potatoes, fresh vegetables and onion gravy*

## Burgers

Our famous burgers are made from premium quality Welsh beef produced from sustainably sourced 100% grass fed born & reared herds and are PGI approved

**Beef Burger Single £8.50 Double £10.50**

*Welsh Beef Burger, served with lettuce, tomato, chips and slaw*

**Cheese Burger Single £9 Double £11**

*Welsh Beef Burger topped with Welsh cheddar cheese. Served with lettuce, tomato, chips and slaw*

**Bacon Cheese Burger**

**Single £9.50 Double £11.50**

*Welsh Beef Burger topped with bacon and Welsh cheddar cheese. Served with lettuce, tomato, chips and slaw*

**Brunch Burger Single £10.50 Double £12.50**

*Welsh Beef Burger topped with bacon, sausage hash brown and an egg. Served with lettuce, tomato, chips and slaw*

**Bangkok Bad Boy Burger £11**

*Spicy oriental vegan burger, served with chips, salad and lemon mayo*

## FOOD ALLERGIES & INTOLERANCES

Before you order your food & drink please ask our staff about our food allergy & intolerance information. Some of our dishes can be made gluten free slight adjustments can be made upon request.

\*while we always strive to use local produce sometimes for reasons beyond our control we may have to substitute components

# Sandwiches

## Brunch £8

*Bacon, sausage & egg*

## BLT £7

*Bacon, lettuce & tomato*

## Cheddar and Bacon £7.50

*Prime grilled back bacon with Welsh cheddar cheese*

## Tuna Mayo £7

*With red onion*

## Home Baked Ham £7

## Home Baked Ham and Cheese £7.50

*Our own home baked ham with Welsh cheddar*

## Simply Cheese (v) £6.50

## Fish Finger Sandwich £7

## Prawn & Marie Rose £8

## Fishless Finger (vv) £7.50

*With Marie rose sauce*

# Toasted

## Grilled Cheese (v) £7

## Grilled Cheese & Onion (v) £7.25

## Cheese & Ham Grill £8

## Tuna and Cheese Melt £7.50

## Bacon and Mozzarella £8

*All our sandwiches & toasted sandwiches are served with chips, salad and slaw. Unless otherwise stated our sandwiches are available on white or wholemeal bread.*

# Plant Based Meals

Our plant based meals are a great selection for those of you looking to make a healthy meal choice as well as eliminating animal produce from your meal. All our plant based meals are also suitable for Dairy free diets, Vegans and Vegetarians

## Starters

Garlic mushrooms with toasted bloomer £5.25

Pate served with toasted bloomer chutney and leaves £6

Veggie nachos served with Cheeze salsa and jalapeños £6

## Mains

### Veggie mince chilli £12

*Made with veggie mince for a meat like experience Served with rice and tortilla chips or cauliflower rice for a ultra low carb experience!*

### Thai green style vegetable curry £13

*served with fluffy white rice or cauliflower rice*

### Stu's Buritto £13

*served with Mexican rice, tortilla chips & salad*

### Bangers and Mash £12

*Quorn sausages with mash potatoes, fresh vegetables and onion gravy*

# Kids

Home Cooked Ham £5.99 (GF)

Chicken Nuggets £5.99

Sausages £5.99

Quorn Sausages £5.99 (V&V)

Fish Fingers £5.49

Fishless Fingers £6

Cheese and Tomato Pizza £5.99

*All the above are served with either chips, new potatoes, or mash and a choice of salad, vegetables, beans or peas.*

# Sides

Chips £3.25

Chips & Cheese £3.75

Onion Rings £3

Mixed Leaf Salad £2.75

Peppercorn Sauce £3

Garlic Bread £3.25

Cheesy Garlic Bread £3.99

## FOOD ALLERGIES & INTOLERANCES

*Before you order your food & drink please ask our staff about our food allergy & intolerance information. Some of our dishes can be made gluten free slight adjustments can be made upon request.*

## HOW TO ORDER

**Note your table number** (its on your condiment tray) before ordering at the bar. We prepare all our meals to order, at busy times there can be a delay.

We are not a fast food outlet so if you are in a hurry please ask a member of our team about waiting times.

We want everyone to enjoy their meals so if for any reason you are not satisfied with your meal please let us know immediately so we can address the issue and have you leaving as a happy customer. If you have a special dietary requirement please inform one of our team who will be glad to assist you.